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SECTION ONE : READING COMPREHENSION

(7 points)

The Secrets of a Very Long Life

Answer the following questions according to the text.

1. Why do doctors and scientists travel to certain places in the world? (1)
— To understand the mystery of longevity and help the rest of the world live longer. (1)
2. Who will benefit from their 'discovery'? (1)
— Officially the whole world.
3. Give three examples showing that old people living in these places enjoy good physical health. (2)
 - a) Men of ninety are fathers
 - b) They are almost never sick
 - c) Women of fifty still have babies
 - d) They have all their teeth at their death
 - f) They still have a full head of hair
4. What do these regions have in common? (1)
— All are high in the mountains, away from cities.
5. According to experts, what are the main reasons for the long lives and good health of the inhabitants of these areas? (2)
— They get plenty of exercise because their lives are physically hard, they eat natural food, their lives are quiet away from the worries of cities ...

SECTION TWO : MASTERY OF LANGUAGE

(8 points)

Synonyms:

- (a) famous (§1) (b) experts (§1) (c) amazing (§3) (d) quiet (§4)

Tenses:

- (a) ... people (spent / would spend / used to spend) most of their time (working) outside ...
(b) ... I (would live) high in the mountains. I (would breathe) pure air and ...

Dialogue completion:

SECTION THREE : WRITTEN EXPRESSION

(5 points)

Either 1: Using the following notes, write a composition of about 80 to 120 words.

Although great progress has been made in medicine, people very often complain about health problems. What could be done about it?

Or 2: Write a composition of about 80 to 120 words on the following topic.

If you were given the opportunity to live high up in the mountain, would you leave your town and rush there? Give your reasons.