

امتحان بكالوريا التعليم الثانوي

دورة جوان 1999

الشعب(ة) : آداب وعلوم انسانية، آداب وعلوم اسلامية المدة : ساعتان

مادة اللغة الانجليزية

SECTION ONE : READING COMPREHENSION

(7 points)

Read the passage carefully then answer the questions.

The Secrets of a Very Long Life

- 1 There are several places in the world that are famous for people who live a very long time. Doctors, scientists and public health experts often travel to these regions to solve the mystery of a long, healthy life and hope to bring to the modern world the secrets of longevity.
- 2 Hunza is high in the Himalayan mountains. There, many people over one hundred years of age are still in good physical health. Men of ninety are new fathers and women of fifty still have babies.
- 3 There are amazing examples in the Caucasus Mountains, too. The people not only live a long time but they also live well: they are almost never sick, and when they die, they have not only their own teeth but also a full head of hair and good eyesight. Vilcabamba, in Ecuador, is another area famous for the longevity of its inhabitants. This region is also in high mountains, far away from cities. Is that the secret?
- 4 Most scientists think inhabitants in the three regions have more in common than natural food, their mountains and their distance from modern cities. Because they live in the countryside and are mostly farmers, their lives are physically hard. Thus, they do not need to go to health clubs because they get a lot of exercise in their daily work. In addition, although their lives are hard, these people do not seem to have the worries of city people. Their lives are quiet.

Answer the following questions according to the text.

1. Why do doctors and scientists travel to certain places in the world?
2. Who will benefit from their research?
3. Give three examples showing that old people living in these places enjoy good physical health.
4. What do these regions have in common?
5. According to experts, what are the main reasons for the long lives and good health of the inhabitants of these areas?

## SECTION TWO : MASTERY OF LANGUAGE

(8 points)

*Synonyms: Find in the text words or phrases closest in meaning to the following.*

- (a) well-known (§1)                      (b) people who know a lot about a subject (§1)  
(c) surprising (§3)                      (d) peaceful (§4)

*Tenses: Give the correct form of the verbs in brackets.*

- (a) In the past, people (spend) most of their time (work) outside in the open air.  
(b) If I could, I (live) high in the mountains. I (breathe) pure air and have a simple diet.

*Dialogue completion: A and B are speaking with each other. Complete what B says.*

A: So, you are staying at home during the holidays! You'll get bored!

B: .....

A: I'm going to El Kalaa. I am a member of the "SOS Nature Club".

B: .....

A: The Lake of El Kalaa is in danger, you know. A lot of things can be done.

B: .....

A: We'll learn how to protect birds and fish. And we'll try to make people aware of the consequences of wild hunting and fishing.

B: .....

A: Of course you can. The list of participants is still open.

## SECTION THREE : WRITTEN EXPRESSION

(5 points)

Choose one of the following topics.

*Either 1: Using the following notes, write a composition of about 80 to 120 words.*

Although great progress has been made in medicine, people very often complain about health problems.

Reasons:

- inadequate food
- lack of physical exercise
- unemployment: financial problems
- family problems
- stress
- uncertain future

What could be done about it?

*Or 2 : Write a composition of about 80 to 120 words on the following topic.*

If you were given the opportunity to live high up in the mountain, would you leave your town and rush there? Give your reasons.